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13. The kit of claim 1, further comprising
an amalgam plugger having a packing portion and a
carving portion.
14. The kit of claim 1, further comprising
a sealant. 5
15. A kit for forming a dental restoration from a condens-
able composite composition, comprising
an etchant; a primer, primer/adhesive, an adhesive, or a
combination thereof; a flowable composite; a condens- 10
able composite; and a sealant; and
an amalgam carrier; an amalgam plugger having a pack-
ing portion and a carving portion; at least one brush; at
least one brush tip; and at least one needle or compule.
16. The kit of claim 15, wherein 15
the condensable composite is packaged in at least one
container comprising at least one premeasured quantity
of the condensable composite.
17. The kit of claim 15, wherein 20
the at least one premeasured quantity is one spill, two
spill, or three spill, or a combination thereof.
18. The kit of claim 15, wherein 25
the at least one container comprises at least one tab having
a holder portion adjacent a depression portion, the
depression portion holding a premeasured quantity of
the condensable composite.
19. The kit of claim 15, wherein

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- the holder portion has an essentially square ridge portion
to aid in gripping the holder portion.
20. The kit of claim 15, wherein
the at least one container comprises a plurality of tabs,
wherein each tab is detachably connected to at least one
adjacent tab.
21. A container for holding a premeasured quantity of a
dental material, comprising
at least one tab having a holder portion adjacent a depres-
sion portion, the depression portion holding a premea-
sured quantity of the condensable composite.
22. The container of claim 21, wherein
the holder portion has an essentially square ridge portion
to aid in gripping the holder portion.
23. The container of claim 21, wherein
the at least one premeasured quantity is one spill, two
spill, or three spill, or a combination thereof.
24. The container of claim 21, wherein
the container comprises at least one tab having a holder
portion adjacent a depression portion, the depression
portion holding a premeasured quantity of the condens-
able composite.
25. The container of claim 21, wherein
the container comprises a plurality of tabs, wherein each
tab is detachably connected to at least one adjacent tab.

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